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Virgin pulse login health

How do I add Whil to my Virgin Pulse experience? Contact us and mention the integration partner you want. Whil courses can be switched on on the reverse side of the switch. Employees log into one experience through single sign-in and all information is reported back to the employee's central dashboard. What is the price of Whil? Whil's average cost is less than \$1 per employee per month - dropping significantly for very large populations. Take care of the well-being of employees with less than a cup of coffee (in 1970). Can training collections be purchased à la carte ?? Yes, Virgin Pulse users can mix & match our 12 training collections to meet the needs of their employees and the company's budget for as little as \$25 per employee per month. Does Whil provide resources to help adoption and engagement? Yes. Automated admin success toolkit provides everything you need to plan, communicate, empower, and maintain a successful wellness program in less than 30 minutes per month. This includes email templates, posters, blog posts, articles, and challenges. We enable all continuous discussion about well-being in high-level cultures. What kind of analytics does Whil offer? Whil's HIPAA-compliant activity reports are provided through a dashboard or downloadable PDF to provide you with information about the well-being of your employees, including: User logins and deployment Minutes of training/engagement Sessions and course completions per active user Monthly activity User satisfaction ratings (96% of users say Whil helped me.) In order of rated employee interests (e.g. stress, sleep, etc.), estimated return on investment and more than 25 additional information points What return on investment can be expected? In general, customers break even as little as 2% engagement. Our target is at least a 2-3X ROI, driven by a modest decline in absenteeism, revenue and healthcare costs - as well as increased concentration, performance and productivity. Studies have shown a return on investment of up to 5,000%, including payer/bidders showing a \$2,000 decrease in health care costs and an estimated \$3,000 in productivity growth per employee. Does the Virgin Pulse partnership offer any other benefits? Yes. In addition to seamless integration, our partners are legitimate discounts, EAP integrations and more. Contact us to learn more MaineHealth has partnered with Virgin Pulse to provide employees with access to a robust wellness platform at your fingertips to engage in fun, competitive (individual or team-based) challenges that inspire movement, balance, stress reduction, healthy habits! This is an experience that can help improve well-being tracking tools, training programs, rewards, group challenges, and more! Download the Virgin Pulse app on your phone so you can sync the steps easily and quickly. Eligible workers can earn up to \$300 a year by actively participating in Virgin Pulse! Start today! Virgin Pulse episodes: Virgin Pulse Period 1: 1/1/20 – 6/30/20 Virgin Pulse Season 2: 7/1/20 – Virgin Pulse improvements in 2020: Real-time rewards - Employees get a point incentive right after reaching each level of point structure – do more, earn more! At every level you reach, the opportunity to earn increases! Participation level points Reward Earning Potential level \$1,6,000 \$20.00 Level 2 \$12,000 \$30.00 Level 3 \$24,000 \$40.000 00 Level 4 36,000 \$60.00 * Earn up to \$150 Virgin Pulse Cash per session and up to \$300 per calendar year * Pulse Cash is only available to eligible employees. If you have extra weight and have a family history of diabetes, you may be at risk of type 2 diabetes. MaineHealth offers a free program that can help you make modest lifestyle changes and reduce the risk of type 2 diabetes. With this proven program, you get: The skills you need to lose weight, be more physically active and manage stress. A trained lifestyle coach will guide and encourage you to support other participants with the same goals as you Program of the Year with weekly meetings for the first 6 months, then once or twice a month for the second six months Would you have prediabetes? Take a test or join a class that suits you below. If you have previously participated in the MaineHealth Diabetes Prevention Program, it is possible that you can re-enroll in the program according to certain criteria. Call mainehealth's prevention program at 207-661-7294. SCL Health cannot exist without healthy coworkers and their supportive families. The daily choices we make can help us live a healthier, happier and more fulfilling life – both at work and at home. That's why we offer an essential tool as part of your overall benefits package – a comprehensive wellness incentive program designed to improve your health, well-being and productivity. Visit Virgin Pulse to register and participate today! The goals of this program are: Make healthy fun and rewarding. You will receive information about your current state of health. Helps set realistic welfare targets. Connect you with tools and resources to help you create small habits every day that add big changes over time. Reduce healthcare costs by improving your health and reducing or eliminating elevated risks of developing a chronic health condition Build a culture of adjunct health and well-being at SCL Health Your participation in this effort is entirely voluntary and gives you a chance: You'll get the boost you need to live better every day. Use lifestyle coaching services to set, reach, and maintain your goals. Run an online health check questionnaire and health screening to identify potential issues and risks. Track your progress with various and tracking services. Contact colleagues, family and friends to provide motivation and encouragement. Take it with you! You can also use all of this with the Virgin Pulse mobile app. Please check carefully so that you understand how it works and you can take full advantage of the opportunities it offers. Each of us can take action, even small ones, to improve our overall well-being. We hope that you will join us in participating in this valuable effort. We are excited to offer a program focused on the well-being of SCL Health's most valuable asset – YOURS. How it works Our new Virgin Pulse wellness program will help you develop healthy habits like being more active, drinking more water, getting enough sleep and more! Such healthy habits offer noticeable benefits, such as reducing the risk of certain diseases, increasing concentration, reducing stress and getting feeling! All eligible* partners (including those who are not enrolled in the SCL Health medical plan) and covered spouses/legally domiciled adults (LDA) dependants can earn up to \$750 a year in welfare incentive fees. The change is how you earn these rewards through Virgin Pulse. Point game You can earn up to \$100 per quarter pulse cash** (that's up to \$400 a year!) by collecting points. You earn points for many things, including connecting with a coach, monitoring your daily activity, taking health measurements, participating in challenges and competitions, completing preventive treatment screenings, and more! The more daily activity you have in your routine and the more you participate in the program, the more points you can earn. These points will continue to count and push you through the levels so you can earn more rewards. Each level earned comes with a level prize. Once you've collected enough points to earn a prize, you can spend your Pulse Cash in the Virgin Pulse Store, redeem a gift card, or donate it to charity. You-Do, You-Get Similar to years ago, you can earn up to \$350 tax-free into your Health Compensation Account (HRA) in 2020 by performing the three key functions below. For partners who aren't enrolled in a medical plan, you get Pulse Cash** instead for these activities: \$50 for completing a registration on the new Virgin Pulse website for \$150 for conducting a health check query for \$150 to complete a health screening, so here's to build a better you! We are excited to introduce this new program and give you the tools for activity, health and a better life every day. Join the SCL Health and Virgin Pulse wellness movement join.virginpulse.com. For more information, take a virtual tour and download the Engagement User Guide. Do you have any questions? Contact Virgin Pulse Customer Support 844-724-5612 or use the Chat feature in your account profile. *Eligible Refers to a part-time or full-time SCL Health employee who is regularly scheduled to work 20 hours or more per week. Employees of Mount Saint Vincent, Mother House, St. Mary's University and Christo Rey High School are not eligible for this program. **Per**Per Pulse Cash is considered income and is taxed accordingly through SCL Health's payroll when it is fully deserved. Earned.

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